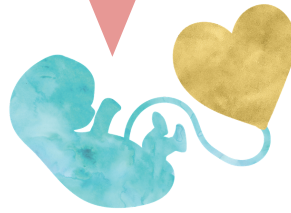


Hospital Checklist

THE ULTIMATE GUIDE



The Chick Around the Corner

Doula & Health Coach for Insightful Parents

Clothes

- Maternity Tops & Nursing Bras
- Comfy Pants or Maxi Skirts
- Comfy Socks & Underwear
- Pajamas & Robe
- Birthing Gown or Maxi Skirt
- Swimtop if you're considering water birth

Toiletries

- Breast Pads & Nipple Cream
- Hairbrush, Hair ties, & Headbands
- Lip Balm
- Depends or Maternity Pads
- Toothbrush & Toothpaste
- Face/Body wash, Shampoo & Conditioner
- Deodorant

Clothes for Baby

- Mittens
- Socks
- Newborn Hat for Pictures
- Newborn Onesies Long/Short Sleeve
- 0-3 Month Onesies Long/Short Sleeve

For Dad

- Jacket or Hoodie
- 2 x Outfits
- Pajamas
- Socks & 2nd Pair of Shoes
- Toiletries

Things for Baby

- Breast Feeding Pillow
- Burp Cloths
- Muslin Blankets & Fleece Blanket
- Carseat & Base
- Diapers & Wipes
- Swaddle Blanket

Odds & Ends

- Camera, Charger/Batteries & SD Card
- Phones & Chargers
- Tablet & Charger
- Bag for Soiled Clothes
- Snacks